

PATIENT PREPARATION FOR MRI STAGING EXAM

1. Please eat a light diet the day before your MRI exam. This means avoid bulky foods or highly spicy foods that cause digestive disturbances.
2. NPO (nothing by mouth) after midnight before your MRI exam. You may take all medications in AM with small sip of water. No tea or coffee as this may add to the discomfort of lying still for an hour or longer without a bathroom break.
3. Do a Fleets enema 1-3 hours prior to the MRI exam. This is mandatory since stool in the rectum will interfere with the endorectal probe.
4. Arrive 30 minutes before the time of your appointment to provide yourself time to complete the MRI screening form, read and sign consent form, change and prepare for the exam.
5. If you are claustrophobic and require sedation, please bring the sedation with you. We suggest that sedative be taken about ½ hour before the start of the examination, or as prescribed by your physician.