

Complete Listing of COM Faculty Development Programs 2019-20

August 2019

August 20, 2019 Reappointment, Promotions & Tenure

Facilitator: Alex Lentsch, PHD

Room: MSB E261

- Learning Objectives:*
- 1) Summarize RPT guidelines and processes
 - 2) Identify the requirements for each level of career advancement
 - 3) Develop a plan to reach the necessary milestones for career advancement
 - 4) Identify and avoid common mistakes made during the RPT process

August 27, 2019 Objectives, outcomes, competencies, oh my....deconstructing medical education curriculum assessment

Facilitators: Tracy Pritchard, PHD, Laura Lukin, PHD, and Pamela Baker, PHD

Room: MSB 3057

- Learning Objectives:*
- 1) Differentiate objectives, outcomes, and competencies
 - 2) Identify best practices in writing student learning outcomes.
 - 3) Revise student learning outcomes for one of your course/clerkship sessions/events using the best practice guidelines in writing student learning outcomes.
 - 4) Outline key steps to assess student learning outcomes.

September 2019

September 10, 2019 Study Section 101: Once you Submit your Grant, What Happens?

Facilitator: Melanie Cushion

Room: MSB 3057

- Learning Objectives:*
1. Explain the overall NIH review process after submission to the Center for Scientific Review and how to avoid pitfalls
 2. Steer your proposal to the appropriate study section and understand the process of this first-level review
 3. Interpret your scores and summary statements to position your resubmission

September 17, 2019 Take Time to Care for Yourself: Wellness Resources at UC

Facilitators: Ashley San Diego & Mary Uhl

Room: MSB 3057

- Learning Objectives:*
- 1) Learn about UC's employee wellness program, Be Well UC.
 - 2) Identify 2-3 ways to engage with Be Well UC.
 - 3) Build awareness of UC's Employee Assistance Plan (EAP), Impact Solutions.
 - 4) Detail UC Benefits Resources

September 19, 2019 Providing and receiving peer feedback in teaching and course design

Facilitator: Janice M. Denton, PhD, Professor, UCBA Chemistry.

Room: MSB 7151

- Learning Objectives:*
- 1) Differentiate between formative and summative peer review.
 - 2) Identify strategies for incorporating peer review into your teaching practice.
 - 3) Use reflective practice framework to participate in peer review of faculty member's course/clerkship

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October 2019

October 1, 2019 Where Does My Salary Come From?

Facilitator: Neil Holsing, MBA

Room: MSB 3057

- Learning Objectives:
- 1) Identify various Funding Sources
 - 2) Review how Benchmarks are utilized
 - 3) Discuss the basics of UCP Compensation Plan
 - 4) Explain the role of the Compensation Committee

October 8, 2019 Tips & Tricks for Writing your BioSketch

Facilitator: Dawn Kleindorfer, MD

Room: MSB 3057

- Learning Objectives:
- 1) Review basic principles of preparing an NIH Biosketch
 - 2) Share examples of previous BioSketches reviewed by Dr. Kleindorfer to further demonstrate The range of possible methods of BioSketch formatting and content
 - 3) Assist researchers in the content and visual appeal of their BioSketch to maximize the description of research productivity
 - 4) Help clinicians and clinical educators improve the descriptions of clinical and education activities on their BioSketches for optimal clarity and completeness.

October 15, 2019 New Moms and Dads - UC Cares! *Parental Leave Policy*

Facilitators: Sheila McCormick, PHD and Dawn Kleindorfer, MD

Room: MSB 3057

- Learning Objectives:
- 1) Describe the current parental leave policy for UCCOM Faculty
 - 2) Explain the funding sources for parental leave
 - 3) Review the Human Resources process for scheduling parental leave

October 29, 2019 Mentoring: How to Serve as a Research Mentor to Medical Students

Facilitator: Christy Holland, PhD

Room 3057

- Learning Objectives:
- 1) Identify the significance of research mentoring
 - 2) Define the roles of the research mentor and medical student
 - 3) Apply best practices in research mentoring in various medical education settings

November 2019

November 5, 2019 Leadership: Effectively Managing Teams

Facilitator: Jack Kues, PHD

Room: MSB 3057

- Learning objectives:*
1. Distinguish between leadership and management activities in a team
 2. Identify different styles of leadership and how they apply to different types of teams
 3. Utilize strategies to promote optimal functioning within teams
 4. Recognize team dysfunction and its causes

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November 12, 2019 Writing and Preparing Manuscripts

Facilitators: George Deepe, MD and Mark Eckman, MD

Room: MSB 3057

- Learning Objectives:*
- 1) Recognize the importance of mentorship in honing your writing skills
 - 2) Identify ways to focus your writing based on understanding the main points you want your reader to take away from your manuscript.
 - 3) Explain how to communicate clearly by creating a succinct statement of your research objective(s)
 - 4) Summarize the organization and structure of a well-written scientific manuscript

November 19, 2019 Physician Burnout - A Personal Experience Story

Facilitator: Mike Holliday, MD

Room: MSB 3057

- Learning Objectives:*
1. Explain how the individual, local environment, organization and national system factors interact in those with burnout.
 2. Question dichotomous views of burnout that only address either individual resiliency or system factors.
 3. Give an example of an integrated approach to increase joy in the workplace.

November 26, 2019 Clinical Decision Making – Teaching and Assessment

Facilitator: John Quinlan, MD

Room: MSB 3057

- Learning Objectives:*
1. Describe how various skills can be measured by different assessments
 2. List the methods in which various assessments can effectively (or ineffectively) measure the same skill
 3. Begin to develop differing assessments to test specific skills
 4. Examine the influence of assessment on driving/guiding student learning

December 2019

December 3, 2019 “Can’t we all just get along?” Finding the middle ground that leads to effective Conflict Resolution.

Facilitator: Elizabeth Leenellett, MD

Room: MSB 3057

- Learning Objectives:*
- 1) Identify your conflict style
 - 2) Recognize the fundamental concepts of conflict management
 - 3) Discuss specific conflict management styles and techniques
 - 4) Prepare for a difficult conversation

December 10, 2019 How to Recruit Diverse Patients into Clinical Trials

Facilitator: Dan Woo, MD

Room: MSB 3057

- Learning Objectives:*
- 1) Identify the historical barriers to recruitment of diverse patients into clinical trials
 - 2) Describe study design which incorporates diversity
 - 3) Identify approaches to recruitment that will incorporate diversity

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December 18, 2019 Joy in Work: Is it Possible?

Facilitator: Jennifer Molano, MD

Room: MSB 3057

- Learning Objectives:
- 1) Summarize different definitions of work
 - 2) Discuss barriers to finding joy in work
 - 3) Brainstorm ways to increase joy in work

January 2020

January 7, 2020 Tips and Tricks for Writing your CV or Executive Summary

Facilitator: Dawn Kleindorfer, MD

Room: MSB 3057

- Learning Objectives:*
- 1) Review basic principles of preparing a curriculum vitae and/or an Executive Summary
 - 2) Share examples of previous CVs reviewed by Dr. Kleindorfer to further demonstrate the range of possible methods of CV formatting and content
 - 3) Assist researchers in the content and visual appeal of their CV to maximize the description of research productivity
 - 4) Help clinicians and clinical educators improve the descriptions of clinical and education activities on their CVs for optimal clarity and completeness.

January 13, 2020 Easy Statistics YOU can do part 3: Analysis of Variance (ANOVA)

Facilitator: Rob Kallmeyer, PhD, Associate Professor, The Christ College of Nursing and Health Sciences

Room: MSB 3057

This workshop will lead participants step by step through conducting an ANOVA in Excel, including what to click, how to interpret the results, how to create an APA/AMA results table, and how to write a statement for your results section for publication or presentation. You don't need any knowledge of Excel or Statistics to attend.

- Learning Objectives:*
- 1) Explain what ANOVA is and when to use it
 - 2) Use Excel to conduct an ANOVA
 - 3) Create an APA results table and statement for your ANOVA results for publication or presentation

January 14, 2020 Grant Writing

Facilitator: Frank X. McCormack, Jr, MD

Room: MSB E255

- Learning Objectives:*
- 1) Illustrate that good grant writing is about a good idea and a compelling story
 - 2) Discuss that polishing grants is about iterative refinement and a parsimonious approach to use of words
 - 3) Recognize that a high tolerance for frustration and dogged perseverance are keys to success

January 22, 2020 Zen In Your Office Den: Yoga while you work

Facilitator: Kimber Andrews, PHD

Room: MSB 3057

- Learning Objectives:
- 1) Learn about the benefits of mindfulness and yoga for building focus, attention, and managing every day stress
 - 2) Participate in simple mindfulness exercises that can be incorporated easily into the work day
 - 3) Experience accessible seated and standing yoga poses that can be done in the work environment
 - 4) Make a plan for incorporating simple mindfulness and yoga activities to increase general wellness

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February 2020

February 4, 2020 Interviewing Techniques

Facilitator: Jennifer O'Toole, MD, MEd, SFHM

Room: MSB 3057

- Learning Objectives:*
- 1) Describe common scenarios for conducting interviews in academic medicine
 - 2) Develop a behavioral-based interview scenario/question to select for traits/skills important to a role/specialty/program
 - 3) Discuss ways to eliminate bias and promote diversity in the interview and selection process

February 11, 2020 Interpreting and Responding to Grant Reviews

Facilitator: Melanie Cushion, PhD

Room: MSB 3057

- Learning objectives:*
- 1) Discuss how to prepare yourself for, and deal with, (perceived) criticism
 - 2) Outline important techniques of responding to critiques
 - 3) Identify how to maximize your response in a 1-page rebuttal

February 18, 2020 Drop and Give Me 30.....Healthy Cooking in Half an Hour

Facilitator: Bruce Giffin, PHD

Room: MSB 3057

Description:

Participants will be introduced to cooking techniques and strategies that foster the use of the most healthful foods in fast (30 minute) meal preparation. All participants will receive a document containing some of the presenter's favorite healthy dinner recipes ready in 30 minutes.

Learning objectives:

Participants will be able to...

1. Identify the five food groups, and give examples of foods in each.
2. Explain how *MyPlate* serves as a reminder to eat food from each food group.
3. Make a healthy grocery list in minutes for nutritious food shopping.
4. Create a healthy meal containing a food from each food group.
5. Incorporate strategies and cooking techniques to get dinner ready in 30 minutes.

February 25, 2020 Specialty Advising Training

Facilitators: Robert (Rocky) Ellis, MD (Associate Professor, Dept. of Family & Community Medicine); Lisa Kelly, MD, MEd (Associate Professor, Dept. of Ophthalmology); Ilana Bergelson, BA (M4 medical student); Alice Mills, MD, MPH (Director of Career Development, Student Affairs)

Room MSB 3057

- Learning Objectives:
- 1) Outline the medical student advising system at UCCOM
 - 2) Name local and national resources for specialty advising
 - 3) Describe examples of department specialty advising
 - 4) Discuss specialty advising from a student perspective

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March 2020

March 3, 2020 Improvement Science: Designing Systems for Better Outcomes

Facilitator: Dr. Muhammad Ahsan Zafar, MD, MS-CTR

Room: MSB 3057

- Learning Objectives:*
1. Describe the role of 'system' as a modifiable risk factor in outcomes
 2. Compare the differences & strengths of improvement science and clinical research
 3. Introduce the UCH way for Performance Improvement
 4. Identify one area in your domain that needs improvement

March 4, 2020 "I didn't know how to improve": How students can get the most out of your narrative feedback

Facilitators: Steve Baxter, MD; Danielle Weber, MD, MEd; Matthew Kelleher, MD, MEd; Leslie Farrell, MD

Room: MSB 3057

- Learning Objectives:*
- 1) Define the importance of narrative feedback
 - 2) Identify properties of good direct observation
 - 3) Discuss examples of helpful and unhelpful narrative feedback
 - 4) Apply practical resources to facilitate provision of effective narrative feedback

March 10, 2020 Clinical Research: How to Get Help

Facilitator: Brett Kissela, MD

Room: MSB 3057

- Learning Objectives:*
- 1) Summarize the structure and function of clinical research administration within the UC COM and UC Health
 - 2) Discuss what services are available to assist you in your clinical research endeavors

March 18, 2020 I Don't Have Time For That.....Work-Life Balance On A Schedule

Facilitators: Michael Archdeacon, MD, MSE and Dani Zander, MD & Ashley San Diego, MS, CHES®

Room: MSB 3057

- Learning Objectives:*
- 1) Appreciate The Dependency of Work-On-Life & Life-On-Work
 - 2) Identify What Is Important To You And Prioritize
 - 3) Discuss "What Has Worked" For One Individual Looking For Themes & Personal Opportunities
 - 4) Highlight strategies and resources for work-life balance and stress management

April 2020

April 7, 2020 Resilient Leadership

Facilitator: Evie Alessandrini, MD

Room: MSB 3057

- Learning Objectives:*
- 1) Understand Self-development and coaching others as enablers of resilient leadership
 - 2) Apply change management principles to advance and enhance leadership resilience
 - 3) Embrace failures as a way to enhance resilience

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April 14, 2020 Navigating the IRB Process

Facilitator: Michael Linke, PHD

Room: MSB 3057

Learning objectives:

- 1) Identify human subjects research projects that require oversight by the UC IRB.
- 2) Describe the ethical principles for the protection of human subjects of research.
- 3) Outline the UC HRPP protocol review process
- 4) Recommend ways to improve interactions with the HRPP and IRB

April 15, 2020 Assessment of Learning Outcomes

Facilitators: Pamela Baker, PhD; Laurah Lukin, PhD; Tracy Pritchard, PhD

Room: MSB 3057

April 21, 2020 Do you Know How to Breathe? *Practical Tips to Harness the Power of Breath*

Facilitator: Achala Vagal, MD

Room: MSB 3057

Learning Objectives:

1. Understand the importance of breath awareness in our everyday lives.
2. Review and practice simple techniques of breath awareness for stress reduction.
3. Review and practice different techniques of breath work for stress reduction, clarity of mind, better sleep and higher energy.

April 28, 2020 Evaluating Active Learning

Facilitators: Carolyn Smith, PhD, RN; Tracy Pritchard, PhD

Room: MSB 3057

May 2020

May 5, 2020 Taking Advantage of Your Annual Performance Review

Facilitator: Alex Lentsch, PHD

Room: MSB 3057

Learning objectives:

- 1) Develop an agenda that allows you to take control of your performance review
- 2) Formulate realistic expectations and goals by working with your chief or chair
- 3) Discuss what information you should include in your review and why
- 4) Review what topics you should discuss with your chief or chair
- 5) Summarize how to deal with uncomfortable discussions

May 12, 2020 How to Give an Effective Presentation

Facilitator:

Room: MSB 3057

May 19, 2020 Financial Wellness Tips: "Living a Rich Life"

Facilitator: James Lenhoff, CFP®

Room: MSB 3057

May 26, 2020 The role of the preceptor in evaluating students

Facilitator:

Room: MSB 3057

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June 2020

June 23, 2020 Ramping up formative feedback: Findings from a pilot study leveraging QR code technology
Facilitator: Laurah Lukin, PhD
Room: MSB 3057

July 2020

July 28, 2020 Breaking down the Likert scale: Strategies for question design and data analysis
Facilitator:
Room: MSB 3057