Co-Directors’ Reflection

It is hard to believe that our time as co-directors has already come to a close, but we would like to take this opportunity to reflect on our growth with Urban Health Project (UHP). Last summer was a year of challenges and fulfillment, as we contributed to the longstanding tradition that UHP has built in the Cincinnati area over the last 27 years. We embarked on this summer with so much to learn, and today we look back humbled at the number of hardworking individuals we encountered last summer. Not only were we impressed at the diligence of our interns, but also at what an instrumental role our sites play in the community. We feel privileged to have met people who dedicate their lives to the missions we are so privileged to contribute to over the summer. Our visits to each site had a strong personal bearing; we know first-hand the impact that our interns have had on the lives of the people they interacted with each day. Not only that, but the impact the people of Greater Cincinnati had on the medical students in UHP was of equal or greater magnitude. We have had overwhelmingly positive feedback from those who participated in the project this summer. Our belief in the mission of UHP was continuously strengthened.

Urban Health Project had a lot of growth as an organization this year. Taking the number of sites served from 20 to 23 helped us serve a greater population with a group of inspiring interns. We had interns whose projects will undoubtedly have a long-term impact on the community. From instituting a patient-centered medical home in a rural clinic to instituting nutritional programs and teaching homeless children about health, our interns collaborated with their sites to make last summer meaningful. It is no wonder that the project has had continued success as University of Cincinnati’s medical students continue to show strong dedication to their internship with UHP. We also have dedicated past co-directors and board members who are helping us strengthen UHP’s structure and share our model nationally with a publication in progress. We feel so fortunate to be supported by everyone who keeps UHP a strong presence in our community—to our board members, funders, site supervisors, interns and everyone who has helped us along the way, we cannot thank you enough.

Sincerely,

Anna Scott & Samantha Wu
## Program Description

### Mission
To educate, inspire, and challenge medical students through their service to marginalized populations in Greater Cincinnati to produce more socially responsible physicians who have a greater understanding of the many factors that impact health.

### Objectives
- To improve the health of the community by providing motivated and highly competent medical student interns to local organizations serving marginalized populations without any cost to the agencies.
- To dedicate over 300 hours of service per intern annually to disadvantaged women, the indigent, homeless, mentally-ill, elderly, at-risk youth, and minority populations of Cincinnati and Northern Kentucky.
- To develop socially responsible physicians who are adequately prepared to face the challenges associated with providing quality care to underserved populations.

### History
Urban Health Project was founded in 1986 when medical students at the University of Cincinnati decided they needed to supplement their rigorous medical studies with lessons in humanity. The program was intended to allow the students to begin interacting with various patient populations during the summer after their first year of medical school. The hope was that these students would learn to see the patients they interacted with first and foremost as people rather than merely as diseases that needed treatment. Beginning with eight sites during the first summer, Urban Health Project has grown to provide internship opportunities for 26 medical students each year. In line with its founding ideals, Urban Health Project continues to teach students valuable lessons about working with the underserved and recognizing the complex social factors that impact their health. By providing more than 6,000 hours of service annually in our communities, impacting more than 6,300 individuals, UHP interns have become a powerful force in improving healthcare for the underserved in Cincinnati.

### 2013 Community Partners
- Bethany House Services
- Bethesda North OB/GYN Clinic
- Breast and Cervical Cancer Project
- Catholic Charities Southwestern Ohio
- Center for Chemical Addictions Treatment
- Center for Respite Care
- CHECK Foster Care Clinic
- Crossroad Health Center–Downtown
- Crossroad Health Center–Pediatrics
- First Step Home
- Good Samaritan Free Health Center
- Hospice of Cincinnati
- Lighthouse New Beginnings
- Lighthouse Youth Crisis Center
- Lighthouse Youth Development Center
- Off the Streets
- Project Connect
- St. Elizabeth Pendleton County Clinic
- Tender Mercies
- TriHealth SeniorLink
- UC Department of Family Medicine
- UC Department of OB/GYN Clinic
“So it felt as if I was going into the situation blind. The second I met the kids though, all thoughts of homelessness went out of my head. Sure some had clothes that were torn or worn out in places, but what kid that age doesn’t have clothes like that? Once we got started with activities, these children acted and behaved just like any other kid would their age. I realized there was nothing different about them other than the fact that we as outsiders put them in the category of homeless. In reality, they are just kids.”

- Danny Nygren, Project Connect

“The list of obstacles is never ending for these women. The threat of losing everything constantly hangs over their heads, yet they press on with the faith that they deserve the same happiness as everyone else in the world and that their addiction is a disease, not a weakness.”

- Corin Marshall, First Step Home

“When dealing with many patients on a daily basis, it is often easy to forget where they are coming from, or that they each have a unique story that has brought them to where they are now. It is so easy to become jaded and uncaring due to the daily routine. But it is important to remember not to pass judgments and to actually take time to talk to the patient.”

- Nadia Khan, Bethesda North OB/GYN

“As he was getting ready to leave on his last day, he came up to me and shook my hand. He told me that he was going to talk to Mr. Geoff (my boss) and tell him how much he appreciated the fact that I always talked to him and the other kids and treated them like people whereas others did not. I didn't know what to say other than thank you, but the compliment meant much more to me than that, sustaining me the rest of the day...”

- Zeyd Khan, Lighthouse Youth Crisis Center
Thank You to Our Funders for 2013-2014!

Patrons ($15,000 and above)
- Bethesda Foundation
- Johnson Family Foundation
- UC Physicians
- Bethesda North Medical & Dental Staff

Partners ($500—$4,999)
- Western & Southern Financial Group
- UCCOM Medical Student Association
- Dr. Jennifer K. Grogan
- Dr. Thomas Hagman
- Dr. Amy Metzger

Sponsors ($5,000—$14,999)
- Charles H. Dater Foundation
- University Hospital Medical Staff
- Academy of Medicine of Cincinnati Foundation
- Good Samaritan Hospital Medical Staff Fund
- Cincinnati Children’s Hospital & Medical Center Medical Executive Committee
- Interact for Health

### Urban Health Project 2-Year Budget

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**2013-2014 Budget***

- Figures represent amount not covered by Bethesda Hospital/TriHealth in-kind donations including office space, furniture, telephone, office supplies, postage, and access to computer, printer, copier, and fax machine.

**Total 2013-2014 Budget:** $123,754